

New York Wing Drug Demand Reduction NEWS

Volume 1, Issue 2

May, 2000

Dear DDR Partners:

Welcome to our second edition of New York Wing Drug Demand Reduction News. Through this medium, and especially by its distribution of the 2000 Wing Conference in Lake Placid, we hope to reach all members of the Wing with our important message: there are better things to do with your life, your time, and your health than drugs. Every cadet activity is offering an alternative to drug use. Each cadet who participates has made a decision against drug use. Every senior member who contributes to the cadet programs is supporting and congratulating the cadets who have made that choice. I hope we can, at this Wing Conference, rededicate our commitment to DDR.

In this issue, we will be looking at several aspects of the DDR program. On February 10, we received approval for funding for several of the programs we requested back in September. We did not get funded for several other very worthy and well thought out proposals because of our prior spending history. We can reverse this trend by spending all of the allocated funds on appropriate activities, reporting all of our DDR related activities, and begin our Federal Year 2001 planning process. For more information on the DDR Incentives Program approval, see page 2.

In addition, we have learned that there may be other sources of funding for DDR related programming including the K Mart Kids Race Against Drugs series. This information is also shared on page 2.

This issue also shares news about the importance of adult mentors in the lives of adolescents, and the latest on a new and dangerous drug.

I hope you enjoy this newsletter. Let me know if you have suggestions for future issues.

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or write me at 130 Sicker Rod Latham, NY 12110

I will get back to you as soon as possible.

Mentors Help Adolescents Stay Away from Drugs

4/17/00 Taken from the Join Together On-Line website:

"A new study found that adolescents who have a parent or a trustworthy adult to confide in are less likely to participate in risky behavior such as drug use, Reuters reported April 13. According to the study of 294 suburban New Jersey youths and young adults ages 12 to 23, two-thirds of adolescents said they had an adult in their lives whom they could usually turn to for help and advice. The majority identified the person as one of their parents.

The study further found that adolescents with mentors were "significantly less likely" to participate in risky behaviors, compared to the one-in-four adolescents who said they had no adult to turn to for help and advice.

"We can conclude that the utilization of adult mentors should be supported as a key strategy in working with adolescents to decrease certain risk behaviors," wrote study author Sharon Beier of the Albert Einstein College of Medicine's Montefiore Medical Center in the Bronx, N.Y. "The adolescent must believe that the person really cares, is there to help them, and will treat them with respect."

The study was the first of its kind to evaluate the impact of mentoring. It was published in the [Archives of Pediatric & Adolescent Medicine](#)."

CAP provides us with the opportunity to model healthy behaviors, to eschew drugs and use alcohol safely, and mentor the cadets who look to us for guidance. It is an important and challenging opportunity to positively impact on the lives of youth involved in our programs. Let's make the most of this opportunity!

Fast Fact:

Ecstasy is the latest designer drug making the rounds. The debate continues over whether Ecstasy causes brain damage, while a more immediate problem affecting ravers is cracked teeth. According to recent reports, jaw-clenching and teeth grinding usually accompany the use of the club drug Ecstasy. Recent studies show that chronic Ecstasy users are experiencing severe dental maladies, including cracked enamel, worn teeth, and jaw problems. Abusers of this drug often use pacifiers to counteract the drug's impact on the jaw.

Funding Opportunity:

The 2000 Kmart Kids Race Against Drugs tour is beginning and the Civil Air Patrol is invited to participate in this exciting event. The Kmart Kids Race is a national drug-prevention program that will tour to more than 90 major cities and take place at 660 Kmart and Super Kmart store locations. At these events, kids between the ages of 7-12 race a **miniature sports car** around a racing track in the store parking lots. The Kmart Kids Race program helps community-based coalitions educate kids and parents on the dangers of substance abuse. Local members of CADCA, D.A.R.E., and MADD play an important role by representing their national charity (on-site) by providing useful substance abuse prevention information to race participants and their parents.

These races are open to boys and girls between the ages of **7-12**. Kids participate **F-R-E-E** of charge and all racers receive an official Kmart Kids Race Against Drugs T-shirt, baseball cap, and racing certificate. The driver with the fastest time in each age group in that region will advance to the Kmart Kids Race National Championships in Orlando, Florida to compete for a chance to win a \$10,000 college scholarship.

CAP can play a unique role in these races.

When I send you the list of eligible stores where Kmart is going to run the kids race, you should contact the store manager and tell them that you want to serve as the event staff. A minimum of 17 volunteers are needed at each race. CAP, solely involved as event staff, can earn a maximum of \$2,000 per store running the races. The cities where races will be held are:

22,23 July	Rochester
	Buffalo
29,30 July	Syracuse
5,6 Aug	Albany
12,13 Aug	Long Island
19,20 Aug	Metro NY

Volunteer jobs are:

Registration: 2 people needed
Sports Car Trainer: 2 people needed
Helmet Distributor: 1 person needed
Starter: 1 person needed
Safety Rider: 3 people needed
Spotters: 4 people needed
Finish Line: 2 people needed.
Timers: 2 people needed

P.S. What a recruiting opportunity!

DDR Initiatives Program:

New York received \$2,150 for the following items:

\$800 for 20 encampment scholarships @ \$40 each
\$1,350 for Color guard equipment, uniform items

As of this writing, we have not received the Air Force Funding authorization that would trigger our ability to spend the funds.

Please ensure that every eligible cadet submits an application for an encampment scholarship. This is a need based program; please refer to Cadet Program's guides for submission of the applications.

The funding for color guard equipment, approximately \$500, is to buy Wing equipment for use at Wing wide activities such as encampments and regional competitions. Uniform items will be purchased on behalf of squadrons which submitted requests in the original application.

We have a TV/VCR and display board available for your use from prior year DDR funding. Don't hesitate to request them .

FY 2001 DDR Incentives Program

Applications for the funding year beginning October 1, 2000 are due by August 30, 2000. Send them to my attention. All squadrons can submit applications (a simple concept statement is good for a first contact). The following squadrons are eligible to receive federal DDR Initiatives funding:

NY394	Kaydeross Composite Squadron
NY401	Harbor Flight
NY020	Southtowns Cadet Squadron
NY022	Buffalo Cadet Squadron
NY030	Richardell Composite Squadron
NY073	Schenectady Composite Squadron
NY116	Niagara Falls Composite Squadron
NY135	Syracuse Composite Squadron
NY117	Francis Gabreski Squadron
NY153	Suffolk Cadet Squadron
NY159	Dutchess Cadet Squadron
NY162	Utica Composite Squadron
NY173	TAK Composite Squadron
NY247	Suffolk Cadet Squadron
NY248	Nassau Cadet Squadron
NY249	Amelia Earhart Composite Squadron
NY311	Suffolk Cadet Squadron
NY328	Suffolk Cadet Squadron
NY392	Vedder Composite Squadron
NY406	Ft. Drum Composite Squadron
NY407	Syracuse OMJA Composite Squadron
NY072	Rockland Co. Cadet Squadron
NY387	Sullivan Co Cadet Squadron
NY404	E. Ramapo Cadet Squadron

